

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						8:30 Daily Walks 9:30 Saturday Vibes 10:00 Coffee Social 10:30 Bowling 1:45 Bingo 3:15 Rummy 1
8:30 Daily Walks 9:30 Daily Stretching 10:00 Morning Devotion on Carestream 1:30 Pictionary 3:15 Bible Study 4:00 Adult Coloring 2	8:30 Daily Walks 9:30 Daily Stretching 10:30 Out to Lunch at Sub Way (Optional) 1:30 Bingo 3:15 Town Hall Meeting 3	8:30 Daily Walks 9:30 Daily Stretching 10:30 Knitting, Crocheting & Sewing Club 1:30 Fat Tuesday Madi Graw Party 3:30 Live Music- Chris H, 4	8:30 Daily Walks 9:30 Daily Stretching 10:30 Mirthful Mix up Salad 1:30 Going to Library 1:45 Cheese Doodle Day 3:15 Ticklish Triva Game 5	8:30 Daily Walks 9:30 Daily Stretching 10:30 Science Experiment: Making Snow 1:45 Bingo 3:15 Stack the Chairs 4:00 Knock, Knock Jokes 6	8:30 Daily Walks 9:30 Daily Stretching 10:30 Writing Letters to Pen Pals 1:45 National Oreo Cookie Day 3:30 Yahtzee 7	8:30 Daily Walks 9:30 Saturday Vibes 10:00 Coffee Social 10:30 What does your name mean? 1:45 Bingo 3:30 Cribbage 8
8:30 Daily Walks 9:30 Daily Stretching 10:00 Morning Devotion on Carestream 1:45 Playing with Silly Putty 3:15 Bible Study 9	8:30 Daily Walks 9:30 Daily Stretching 10:30 Who What & Where 1:45 Bingo 3:15 Sudoku Puzzles 10	8:30 Daily Stretching 10:30 Knitting, Crocheting & Sewing Club 1:30 Shopping Trip (See Joy to Sign Up) 3:00 Chair Yoga-Jenn S. 4:00 Crossword Puzzles 11	8:30 Daily Walks 9:30 Daily Stretching 10:30 Tantalizing Tortellini Salad 1:45 Cranium Crunches 3:15 Flip O Card Game 4:00 Adult Coloring 12	8:30 Daily Walks 9:30 Daily Stretching 10:30 Facials 1:45 Bingo 3:15 Resident Gab Session about Current Events 13	8:30 Daily Walks 9:30 Daily Stretches 10:30 Ordering Lunch out from Basils (Optional) 1:45 Random Act of Kindness -Housekeeping 3:15 Pass the Pig Game 14	8:30 Daily Walks 9:30 Saturday Vibes 10:00 Coffee Social 10:30 Happy Birthday Maine 1:45 Bingo 3:15 Nail Care 15
8:30 Daily Walks 9:30 Daily Stretching 10:00 Morning Devotion on Carestream 1:45 Residents' Choice of Afternoon Activities 3:15 Bible Study: 16	8:30 Daily Walks 9:30 Students from Spruce Mt School -Arts & Crafts, Board Games 1:45 St. Patrick's Day Milk Shakes 3:15 Bingo 17	8:30 Daily Walks 9:30 Daily Stretching 10:30 Crocheting Club 1:30 Going to Library & Bus Ride 3:30 Live Music- Siiri S. 18	8:30 Daily Walks 9:30 Daily Stretching 10:00 Love on a Leash 11:00 Cooking Group - Funny Fruit Salad 1:45 Tasting Funny Fruit Salad 19	8:30 Daily Walks 9:30 Daily Stretching 10:30 Spring Equinox 1:45 Bingo 3:15 Shopping at Touch of Class Thrift Store 4:00 Crossword Puzzles 20	8:30 Daily Walks 9:30 Daily Stretching 10:30 Writing Letters to Our Pen Pals 1:45 National Chip & Dip Day 4:00 Nail Care 21	8:30 Daily Walks 9:30 Saturday Vibes 10:00 Coffee Social 10:30 Daffodil Day 1:45 Bingo 3:15 Trouble 22
8:30 Daily Walks 9:30 Daily Stretching 10:00 Morning Devotion on Carestream 1:45 Hang Man 3:15 Bible Study 23	8:30 Daily Walks 9:30 Daily Stretching 10:30 Making Chocolate Covered Raisins 1:45 Bingo 4:00 Outside Walking Group (Meets 3x Week) 24	8:30 Daily Walks 9:30 Daily Stretching 10:30 Crocheting Club 1:30 Shopping Trip (See Joy to Sign Up) 3:15 Writing Love Letters 4:00 Go Fish 25	8:30 Daily Walks 9:30 Daily Stretching 10:30 Cooking Group Droll Delight Pasta & Chicken Caesar Salad 1:45 Movie Matinee 4:00 Walking Group 26	8:30 Daily Walks 9:30 Daily Stretching 10:30 Tic Tac Toe 1:45 Bingo 3:15 Triva 4:00 Jigsaw Puzzles 27	8:30 Daily Walks 9:30 Daily Stretching 10:30 Nail Care 1:30 Coffee and Visting One Another 4:00 Walking Group 28	8:30 Daily Walks 9:30 Saturday Vibes 10:00 Coffee Social 10:30 Daily Horoscopes 1:45 Bingo 3:15 Telling Jokes 29
8:30 Daily Walks 9:30 Daily Stretching 10:00 Morning Devotion on Carestream 2:00 Live Church Service W/Gospel Light Church 30	8:30 Daily Walks 9:30 Morning Stretching 10:30 Out Shopping at the Dollar Store 1:45 Bingo 4:00 Walking Group 31					

