

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00am Exercise 10:30am Manicures (red,white, blue nails) 2:00pm <b>Music with Deb and Fred</b> 7:00pm Movie and popcorn	10:00am <b>Zumba with Sunshine</b> 10:30am Sing A Long 2:00pm Walk with Emily 7:00pm Cribbage Tournament	10:00am Exercise 10:30am Sponge paint <b>fireworks</b> 2:00pm Catholic Services 4:00pm <b>Music with Masonabu</b> 7:00pm Grand old flag word ssearch	10:00am Exercise 10:30am July 4 <sup>th</sup> trivia 12:00pm <b>Music with Julie Monroe</b> 2:00pm Sponge Art 3:00pm Bible Study 7:00pm Rootbeer Floats	10:00am Exercise 10:30am Walmart 2:00pm Bingo 7:00pm Sing a long	10:00am Exercise 10:30am Secret Message Puzzle 2:00pm Movie Matinee 7:00pm Paint Bird Houses
10:00am Exercise 10:30am Sing a Long 2:00pm Manicures 7:00pm Cribbage Tournament	10:00am Exercise 11:00am Amedisey wellness clinic 2:00pm Dollar Store 7:00pm Chair Volleyball	10:00am <b>Zumba with Sunshine</b> 10:30am Bowling 2:00pm Walk with Kayla 7:00pm Color your stress awy	10:00am Exercise 10:30am Sing a Long 2:00pm Catholic Services 3:00pm <b>Music with Griffith's</b> 7:00pm Puzzles	10:00am Exercise 10:30am Mancuries 2:00pm Bumble Bee Craft 3:00pm Bible Study 7:00pm Coloring Corner	10:00am Exercise 10:30am Dollar Store 2:00pm Bingo 4:00pm Puzzle 7:00pm Movie Night	10:00am Exercise 10:30am Ice Breakers 2:00pm Sing a Long 7:00pm Manicures
10:00am Exercise 10:30am Manicures 2:00pm Word search 7:00pm Cribbage Tournament	10:00am Exercise 10:30am Grand Old Flag Coloring and Puzzle 2:00pm Movie and Popcorn 7:00pm Choices	10:00am <b>Zumba with Sunshine</b> 10:30am 2:00pm Walk with Denise 3:00pm Hermon Baptist Church 7:00pm Cribbage Tournament	10:00am Exercise 10:30am Hand Massages 12:30pm <b>Music with Daune Nickerson</b> 2:00pm Catholic Services 7:00pm Color your stress away	10:00am Exercise 10:30am Manicures 2:00pm Painting window stenciles 3:00pm Bible Study 7:00pm Sing a Long	10:00am Exercise 10:30am Town Meeting 2:00pm Bingo 7:00pm Board Games	10:00am Exercise 10:30am Domino's 2:00pm Beach Ball Toss 7:00pm Movie
10:00am <b>Exercise</b> 10:30am Manicures 2:00pm Hermon Baptist Hertmon Baptist 7:00pm Book Club	10:00am Exercise 10:00am 2:00pm Catholic Services 7:00pm Movie and snacks	10:00am <b>Zumba with Sunshine</b> 10:30am Lights house Day Fun Facts 2:00pm Walk with Cindy 7:00pm Cribbage Tournament	10:00am Exercise 10:30am Interesting Facts on lighthouses 2:00 pm Catholic Services 3:00pm <b>Music with Griffith's</b> 7:00pm Movie	10:00am Exercise 11:00am <b>Music with C.Heard</b> 2:00pm Manicures 3:00pm Bible Study 7:00pm Sing a Long	10:00am Exercise 10:30 Walmart 2:00pm Bingo 2:00pm Catholic Mass 7:00pm Card Games	10:00am Exercise 10:30am Movie and snacks 2:00pm Sing A Long 7:00pm Board Games
10:00am Exercise 10:30am Manicures 2:00pm Ice Breakers 7:00pm Cribbage Tournament	10:00am Exercise 10:30am Dollar Store 2:00pm Color by Number 7:00pm Movie	10:00am <b>Zumba with Sunshine</b> 10:30am Cherry Blossom Painting 2:00pm Walk with Lindy 7:00pm Cribbage Tournament	10:00am Exercise 10:30am Manicures 2:00pm Catholic Services 7:00pm Movie Night			

