

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|--|---|---|
| | 1 9:30am Exercise 10:30am Fred & Deb 🎵 2:00pm Stroll through the garden 4:00pm Crafters Station 6:00pm Exercise 7:00pm Movie | 2 9:30am Zumba 11:00am Bowling 2:00pm Fire work painting 4:00pm Manicures 6:00pm Exercise 7:00pm Movie | 3 9:30am Exercise 11:00am 4 th of July painting 2:00pm Sing A Long 🎵 4:00pm Walking Club 6:00pm Exercise 7:00pm Movie | 4 9:30am Exercise 11:00am Red, white & Blue snacks 2:00pm Julie M. 🎵 4:00pm Root beer floats 6:00pm Exercise 7:00pm Movie & Popcorn | 5 9:30am Exercise 11:00am Crafters Station 2:00pm Cascade Park 4:00pm Stories in the garden 6:00pm Exercise 7:00pm Movie | 6 9:30am Exercise 11:00am Scrabble 2:00pm Movie Mania 4:00pm Outdoor Walk 6:00pm Exercise 7:00pm Movie |
| 7 9:30am Exercise 11:00am Coffee & News 2:00pm Movie Matinee 4:00pm Bingo 6:00pm Exercise 7:00pm Movie | 8 9:30am Exercise 10:00am Catholic Service 2:00pm Puzzles 4:00pm Wellness Clinic 6:00pm Exercise 7:00pm Movie | 9 9:30am Zumba 11:00am Cooks Corner-Sugar Cookies 2:00pm Harp with Judy 🎵 4:00pm Giant Bowling 6:00pm Exercise 7:00pm Movie | 10 9:30am Exercise 11:00am Pina Coladas 2:00pm Griffiths-🎵 4:00pm Sun Craft 6:00pm Exercise 7:00pm Movie | 11 9:30am Exercise 11:00am Straw Painting 2:00pm Parachute 4:00pm Walk in the Garden 6:00pm Exercise 7:00pm Movie | 12 9:30am Exercise 11:00am American Flag painting 2:00pm Brewer Waterfront 4:00pm Manicures 6:00pm Exercise 7:00pm Movie | 13 9:30am Exercise 11:00am Indoor Walking 2:00pm Movie Matinee 4:00pm Card Games 6:00pm Exercise 7:00pm Movie |
| 14 9:30am Exercise 11:00am Coffee & News 2:00pm Movie Matinee 4:00pm Puzzles 6:00pm Exercise 7:00pm Movie | 15 9:30am Exercise 10:00am Catholic Service 2:00pm Outdoor walking 4:00pm Fold Laundry 6:00pm Exercise 7:00pm Movie | 16 9:30am Zumba 11:00am Cooks Corner-Cooks choice 2:00pm Puzzles 4:00pm Ring Toss 6:00pm Exercise 7:00pm Movie | 17 9:30am Exercise 11:15am Duane-🎵 2:00pm Walk outside 4:00pm Trivia 6:00pm Exercise 7:00pm Movie | 18 9:30am Exercise 11:00am Ring Toss 2:00pm Toss & Talk 4:00pm Sitter Cise 6:00pm Exercise 7:00pm Movie | 19 9:30am Exercise 11:00am Popcorn Fun 2:00pm Scenic Drive 4:00pm Arts & Crafts 6:00pm Exercise 7:00pm Movie | 20 9:30am Exercise 11:00am Crafters Choice 2:00pm Movie Mania 4:00pm Hand Soaks 6:00pm Exercise 7:00pm Movie |
| 21 9:00am Exercise 11:00am Coffee & News 2:00pm Movie & Snacks 4:00pm Crafters Station 6:00pm Exercise 7:00pm Movie | 22 9:00am Exercise 10:00am Catholic Service 2:00pm Sing A Long 4:00pm Bowling 6:00pm Exercise 7:00pm Movie | 23 9:30am Zumba 11:00am Exercise 2:00pm Harp with Judy 🎵 4:00pm Hand Massages 6:00pm Exercise 7:00pm Movie | 24 9:30am Exercise 11:00am Fold Laundry 2:00pm Griffith's 🎵 4:00pm Bingo 6:00pm Exercise 7:00pm Movie | 25 9:30am Exercise 11:00am Hot Fudge Sundaes 2:00pm Eagle Craft 4:00pm Puzzles 6:00pm Exercise 7:00pm Movie | 26 9:30am Exercise 11:00am Sing A Long 2:00pm Waterfront Walk 4:00pm Parachute 6:00pm Exercise 7:00pm Movie | 27 9:30am Exercise 11:00am Crosswords 2:00pm Movie Matinee 4:00pm Talks in the Gazebo 6:00pm Exercise 7:00pm Movie |
| 28 9:00am Exercise 11:00am AM News 2:00pm Movie/Snack 4:00pm Manicures 6:00pm Exercise 7:00pm Movie | 29 9:30am Exercise 10:00am Catholic Service 2:00pm Cold treat craft 4:00pm Cooks Corner-Cooks choice 6:00pm Exercise 7:00pm Movie | 30 9:30am Zumba 11:00am Paint & Sip 2:00pm Puzzles 4:00pm Toss & Talk 6:00pm Exercise 7:00pm Movie | 31 9:30am Exercise 11:00am Bingo 2:00pm Flower painting 4:00pm Walking Club 6:00pm Exercise 7:00pm Movie | | | |

