

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				9:30am Exercise 11:00am Walk in the courtyard 2:00pm Crafters Station 4:00pm Bingo 6:00pm Exercise 7:00pm Movie & Popcorn	9:30am Exercise 11:00am Nat'l Ice Cream sandwich day- Yummy Treat! 2:00pm Scenic Drive 4:00pm Scrabble 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Nat'l Watermelon day- Watermelon in the garden 2:00pm Movie 4:00pm Outdoor Walk 6:00pm Exercise 7:00pm Movie
4	5	6	7	8	9	10
9:30am Exercise 11:00am Coffee & News 2:00pm Movie Matinee 4:00pm Hand Massages & Soaks 6:00pm Exercise 7:00pm Movie	9:30am Exercise 10:00am Catholic Service 2:00pm Puzzles 4:00pm Wellness Clinic 6:00pm Exercise 7:00pm Movie	9:30am Zumba 11:00am Cooks Corner- Sweet Treats 2:00pm Harp with Judy ♪ 4:00pm Nat'l Root beer float day- Root beer floats 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Talks in the gazebo 2:00pm Griffiths- ♪♪ 4:00pm Sun Painting 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Flower painting 12:00pm Music with Julie ♪ 4:00pm Parachute 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Giant Bowling 2:00pm Brewer Waterfront 4:00pm Manicures 6:00pm Exercise 7:00pm Movie	Nat'l PJ Day- Wear your PJ's All Day!! 9:30am Exercise 11:00am Indoor Walking 2:00pm Movie Matinee 4:00pm Card Games 6:00pm Exercise 7:00pm Movie
11	12	13	14	15	16	17
9:30am Exercise 11:00am Coffee & News 2:00pm Movie Matinee 4:00pm Puzzles 6:00pm Exercise 7:00pm Movie	9:30am Exercise 10:00am Catholic Service 2:00pm Outdoor walking 4:00pm Nat'l Hot fudge Sundaes 6:00pm Exercise 7:00pm Movie	9:30am Zumba 11:00a Cooks Corner- Cooks choice 2:00pm Puzzles 4:00pm Ring Toss 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:15am Duane- ♪ ♪ 2:00pm Walk outside 4:00pm Trivia 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00a Ring Toss 2:00pm Toss & Talk 4:00pm Puzzles 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Color your stress away 2:00pm Scenic Drive 4:00pm Arts & Crafts 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Crafters Choice 2:00pm Movie Mania 4:00pm Hand Soaks 6:00pm Exercise 7:00pm Movie
18	19	20	21	22	23	24
9:00am Exercise 11:00am Coffee & News 2:00pm Movie & Snacks 4:00pm Crafters Station 6:00pm Exercise 7:00pm Movie	9:00am Exercise 10:00am Catholic Service 2:00pm Sing A Long 4:00pm Bowling 6:00pm Exercise 7:00pm Movie	9:30am Zumba 11:00am Exercise 2:00p Harp with Judy ♪ 4:00pm Hand Massages 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Fold Laundry 2:00pm Griffith's ♪♪ 4:00pm Nat'l Senior Citizen Day-Yummy Treats & Coffee 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Hot Fudge Sundaes 2:00pm Eagle Craft 4:00pm Puzzles 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Sing A Long 2:00p Waterfront Walk 4:00pm Parachute 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Crosswords 2:00pm Movie Matinee 4:00pm Fold Laundry 6:00pm Exercise 7:00pm Movie
25	26	27	28	29	30	31
9:00am Exercise 11:00am AM News 2:00p Movie/Snack 4:00pm Manicures 6:00pm Exercise 7:00pm Movie	9:30am Exercise 10:00am Catholic Service 11:00am Family/Dog Visit 2:00p Watermelon painting 4:00pm Fresh squeezed Lemonade drinks 6:00pm Exercise	9:30am Zumba 11:00am Fold Laundry 2:00pm Hot Air Balloon craft 4:00pm Toss & Talk 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Coffee filter craft 2:00pm Hand Soaks & Massages 4:00pm Bingo 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Make your own slime 2:00pm Parachute 4:00pm Walk in the Garden 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Bowling 2:00pm Fold Laundry 4:00pm Manicures 6:00pm Exercise 7:00pm Movie	9:30am Exercise 11:00am Crafters Choice 2:00pm Basketball 4:00pm Manicures 6:00pm Exercise 7:00pm Movie

