SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:00 Exercise with Donna 10:00 Snack and Socialize 11:00 Chris Heard 1:00 Care Stream TV 2:00 Color with Friends 7:00 Movie
9:00 Exercise with Donna 2 10:00 Bible Group & Coloring 10:00 Snack & Hydration 11:00 Facts, Trivia and Coloring 1:00 Care Stream TV 2:00 Bingo 3:00 Hangman 7:00 Movie Groundhog Day	9:00 Exercise with Donna 10:00 Church Visit & Sing- along 10:00 Shopping Trip 11:30 Name That Tune 1:00 Care Stream TV 2:00 Heart Painting with Deb 3:00 Pokeno 7:00 Movie	9:00 Exercise with Donna 10:00 Snack, Hydrate & Music Social 11:00 Valentine This or That 1:00 Care Stream TV 2:00 Balloon Volleyball 3:00 Rock Painting 7:00 Movie	9:00 Exercise with Donna 10:00 Tea Social 11:00 Crafting Corner 1:00 Care Stream Trivia 2:00 Catholic Services 3:00 Bingo 7:00 Movie	9:00 Exercise with Donna 10:00 Snack and Hydration 11:00 Cross Word Puzzles 1:00 Care Stream TV 2:00 Coloring with Friends 7:00 Movie	9:00 Exercise with Donna 10:00 Snack, Hydrate & News 11:00 Sorry Board Game 1:00 Care Stream Trivia 2:00 Mike Sinclair 3:00 Go Fish 7:00 Movie	9:00 Exercise with Donna 10:00 Snack and Hydrate 11:00 Coloring Pack 1:00 Care Stream TV 2:00 Cribbage 7:00 Movie
9:00 Exercise with Donna Q 10:00 Bible Group & Coloring 10:00 Snack & Hydration 11:00 Football Trivia 1:00 Care Stream TV 2:00 Football Toss Game 3:00 Football Coloring 7:00 Movie Superbowl Sunday National Pizza Day	9:00 Exercise with Donnal 0 10:00 Church Visit & Sing-along 10:00 Shopping Trip 11:00 Name That Tune 1:00 Care Stream TV 2:00 Valentine Pen Making 3:00 Go Fish 7:00 Movie	9:00 Exercise with Donna 1 10:00 Snack, Hydrate & Music Social 11:00 Jewelry Making: Beaded Necklaces 1:00 Care Stream TV 3:00 Family Feud 7:00 Movie	9:00 Exercise with Donnal 2 10:00 Tea Social 11:00 Pokeno 1:00 Care Stream Trivia 2:00 Catholic Services 3:00 Bingo 7:00 Movie	9:00 Exercise with Donnal 3 10:00 Snack and Hydration 11:00 Word Search Puzzle 1:00 Care Stream TV 2:00 Cribbage 7:00 Movie	9:00 Exercise with Donnal 4 10:00 Hamden Co-Op Art Show 11:00 Manicures with Wanda 1:00 UNO 2:00 Crafting Corner 7:00 Movie Valentine's Day	9:00 Exercise with Donnal 5 10:00 Snack and Hydrate 5 11:00 Uno 1:00 Care Stream TV 2:00 Scrabble 7:00 Movie
9:00 Exercise with Donnal 6 10:00 Bible Group & Coloring 10:00 Snack & Hydration 11:00 Drumming Circle 1:00 Care Stream TV 2:00 Bingo 3:00 Farkle 7:00 Movie	9:00 Exercise with Donnal 7 10:00 Church Visit & Sing- along 10:00 Shopping Trip 11:30 Rewind Music Trivia 1:00 Care Stream TV 2:00 Horse Racing 3:00 Word Games 7:00 Movie	9:00 Exercise with Donnal 8 10:00 Snack, Hydrate & Music Social 11:00 Never Have I Ever 1:00 Care Stream TV 2:00 Bowling 3:00 Hangman 7:00 Movie	9:00 Exercise with Donnal 9 10:00 Tea Social 11:00 Dice Game 1:00 Care Stream Trivia 2:00 Catholic Services 3:00 Bingo 7:00 Movie	9:00 Exercise with Donn 20 10:00 Snack & Hydration 11:00 Skip-Bo 1:00 Care Stream TV 2:00 Coloring with Friends 7:00 Movie	9:00 Exercise with Donn 2 1 10:00 Snack, Hydrate & News 11:00 Monopoly Board Game 11:30 Masonabu 1:00 Lisa Cooley 2:00 Balloon Volleyball 7:00 Movie	9:00 Exercise with Donn 2 2 10:00 Snack and Hydrate 11:00 Coloring Packs 1:00 Care Stream TV 2:00 Cribbage 7:00 Movie National Margarita Day
9:00 Exercise with Donn23 10:00 Bible Group & Coloring 10:00 Snack & Hydration 11:00 Tootsie Roll Trivia 1:00 Care Stream TV 2:00 Watercolor Painting to Music 3:00 Football Coloring 7:00 Movie National tootsie Roll Day	9:00 Exercise with Donn24 10:00 Church Visit & Sing- along 10:00 Shopping Trip 11:30 You Be the Judge 1:00 Care Stream TV 2:00 Tea and Cookie Social 3:00 Molding Clay w/Music 7:00 Movie National Tortilla Day	9:00 Exercise with Donn25 10:00 Snack, Hydrate & Music Social 11:00 Color Your Stress Away 1:00 Care Stream TV 2:00 Button Craft 3:00 Manicure with Deb 7:00 Movie	9:00 Exercise with Donn 26 10:00 Tea Social 11:00 Family Feud 1:00 Care Stream Trivia 2:00 Catholic Services 3:00 Bingo 7:00 Movie	9:00 Exercise with Donn2 7 10:00 Snack & Hydration 11:00 Scrabble 11:30 Duane Nickerson 1:00 Care Stream TV 2:00 Puzzle Pack 7:00 Movie National Strawberry Day	9:00 Exercise with Donn28 10:00 Snack, Hydrate & News 11:00 Farkle 12:45 Mike Sinclair 2:00 Ball Toss 3:00 Birthday Celebration 7:00 Movie	

WoodlandsMaine.com Follow us on Facebook



Woodlands Senior Living of Brewer - Assisted Living

## February 2025