| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|--|--|--|
| | | | | | 7:00 Chair Yoga 1 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Pictionary 3:00 Documentary 6:00 Movie with Popcorn | 7:00 Chair Yoga 10:30 Exercise Group 11:00 Good News Gram 1:00 Concert Series 3:00 Documentary 6:00 Movie and Snack |
| 7:00 Chair Yoga 3 9:00 Devotional 10:30 Exercise Group 1:00 Central Church Service 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Story Time 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Town Hall Meeting 2:00 Live Stream 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:00 Chris Heard Guitarist 11:00 Good News Gram 2:00 Trivia 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 2:00 BINGO 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Card Games 3:00 Documentary 6:00 Movie with Popcorn | 7:00 Chair Yoga 10:30 Exercise Group 11:00 Good News Gram 1:00 Concert Series 3:00 Documentary 6:00 Movie and Snack |
| 7:00 Chair Yoga 9:00 Devotional 10:30 Exercise Group 1:00 Central Church Service 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 11 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Board Games 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Fall Craft 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:30 Walking Club 2:00 Paino with Masanobu 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 2:00 BINGO 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 15 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Bowling 3:00 Documentary 6:00 Movie with Popcorn | 7:00 Chair Yoga 10:30 Exercise Group 11:00 Good News Gram 1:00 Concert Series 3:00 Documentary 6:00 Movie and Snack |
| 7:00 Chair Yoga 9:00 Devotional 10:30 Exercise Group 1:00 Central Church Service 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Pictionary 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Trivia 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Story Time 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 21 10:15 Exercise Group 11:00 Good News Gram 1:00 Football Team Day: Wear Your Favorite Team Gear 2:00 BINGO 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Card Games 3:00 Documentary 6:00 Movie with Popcorn | 7:00 Chair Yoga 10:30 Exercise Group 11:00 Good News Gram 1:00 Concert Series 3:00 Documentary 6:00 Movie and Snack |
| 7:00 Chair Yoga 9:00 Devotional 10:30 Exercise Group 1:00 Central Church Service 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Board Games 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Thanksgiving Craft 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Turkey Shoot 1:30 Thanksgivings Past: Reminiscing 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 12:00 Thanksgiving Dinner 2:00 Football 3:00 Documentary 6:00 Movie | 7:00 Chair Yoga 10:15 Exercise Group 11:00 Good News Gram 1:00 Live Stream 2:00 Bowling 3:00 Documentary 6:00 Movie with Popcorn | 7:00 Chair Yoga 10:30 Exercise Group 11:00 Good News Gram 1:00 Concert Series 3:00 Documentary 6:00 Movie and Snack |



