

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 Fun and Easy Chair Exercises 1 10:00 Daily Chronicle Extra 10:30 Eggnog and Conversation > Monthly Gazette > November Newsletter 11:30 December IQ 1:00 Craft-3-D Christmas Tree 3:00 Dyker Heights Christmas Lights Tour 6:00 Movie Time National Christmas Lights Day	9:00 Bat the Balloon 2 10:00 Daily Chronicle Extra 10:30 Holiday Uke with Eric 11:30 Holiday Finish Lines 1:00 Fill in the Holiday Colors and December Pondering Prompts 3:00 Craft- Jingle Bell Ornaments 6:00 Movie Time Show off your Holiday Colors	9:00 Woodland Walkers 3 10:00 Daily Chronicle Extra 10:30 Classic Toys Bingo 11:30 What Am I? 1:00 Vintage Toys 3:00 Reminiscing with the Senses > Sears Wish Book 6:00 Movie Time Toys Tuesday	9:00 Gentle Range of Motion 4 10:00 Daily Chronicle Extra 10:30 Craft- No-Sew Stuffed Holiday Bear 11:30 Toy Word Game Packets 1:00 Christmas Toys over the Decades 3:00 Old Fashioned Toy Trivia 6:00 Movie Time Safe Toys and Gifts Day	9:00 Fitness Fun with Pat 5 10:00 Daily Chronicle Extra 10:30 Pub Trivia 11:30 Santa Claus Word Search 1:00 Roll-a-Santa Dice Game 3:00 Classic TV- Cheers 6:00 Movie Time 6:00 Christmas Light Tour "Cheers" Day	9:00 Fitness Friday Exercises 6 10:00 Daily Chronicle Extra 10:30 St. Nicholas Fun Facts and Trivia 11:00 Piano with Anne 1:00 St. Nick Paper Craft 3:00 Movie & Eggnog > The Santa Clause 6:00 Movie Time St. Nicholas Day	9:00 Woodland Walkers 7 10:00 Daily Chronicle Extra 10:30 No Bake > Vanilla Wafer Sandwich 11:30 Keebler Elves Fun Facts 1:00 Elf Roll & Cover Game 2:00 Keebler Snack Cart 3:00 Movie and Cocoa > Elf 6:00 Movie Time Eat Keebler Snacks Day
9:00 Pool Noodle Workout 8 10:00 Daily Chronicle Extra 10:30 Christmas Carols Spectacular Hillsong Church 11:30 Funny Bible Verses 1:00 Color a Carol 3:00 Holiday Music Bingo 6:00 Movie Time World Choral Day	9:00 Kickball 9 10:00 Daily Chronicle Extra 10:30 Memory Lane Show 11:30 Everything Green A-Z 1:00 Green & Grinchy Hot Cocoa with Holiday Music 3:00 Movie & Eggnog > How the Grinch Stole Christmas 3:00 One to One: Nail Care 6:00 Movie Time Green Monday	9:00 Elf-ercise 10 10:00 Daily Chronicle Extra 10:30 Stocking Stuffer Stumper 11:30 Elf Yourself Photo Station 1:00 Holiday Short Stories by the Fireplace 3:00 Craft- Popsicle Stick Christmas Trees 6:00 Movie Time Elves Workshop Day	9:00 Woodland Walkers 11 10:00 Daily Chronicle Extra 10:30 Music with Terry 11:30 Winter Trivia 1:00 Save the Snow Person Game 3:00 Tabletop Snowman Bowling 6:00 Movie Time Winter Wonderland Wednesday	9:00 Fun Chair Fit Christmas Workout 12 10:00 Daily Chronicle Extra 10:30 Craft-Poinsettia Ornament 11:30 Poinsettia Fun Facts 1:00 Would You Rather Christmas Edition 3:00 "The Twelve Days of Christmas" Bingo 6:00 Movie Time 6:00 Christmas Light Tour Poinsettia Day	9:00 Fitness Fun with Pat 13 10:00 Daily Chronicle Extra 10:30 Baking- Cake Mix Crinkle Cookies 11:30 Scrooge Fun Facts 1:00 Bridgton Library 2:00 Hot Cocoa Bar 3:00 Movie & Eggnog > Jim Carrey's A Christmas Carol 6:00 Movie Time Cocoa day	9:00 Seated Cardio Jam Workout 14 10:00 Daily Chronicle Extra 10:30 Craft-Popsicle Stick Gingerbread House Ornament 11:30 Who, What, Where 1:00 Craft- 3-D Paper Gingerbread House 3:00 TV Travel- Nuremberg Christmas Market at Night 6:00 Movie Time Gingerbread House Decorating Day
9:00 Full Brain & Body Workout 15 10:00 Daily Chronicle Extra 10:30 Baking-Gingerbread Cookies 11:30 Bible Trivia 1:00 Gingerbread Cookie Decorating 3:00 Retro Christmas Music TV Specials 6:00 Movie Time Gingerbread People Day	9:00 Seated Holiday Yoga Workout 16 10:00 Daily Chronicle Extra 10:30 Hide the Presents! 11:30 Reminiscing-Vintage Christmas Wrapping Paper 1:00 Wrap it up Sensory Group 3:00 Radio City Music Hall's Christmas Spectacular 6:00 Movie Time Gift Wrapping Day	9:00 Woodland Walkers 17 9:30 Cooking-Crockpot Wassail 10:00 Daily Chronicle Extra 10:30 Craft- Yule Log Party Favor 11:30 Christmas Trivia 1:00 TV Travel-Christmas around the World 2:00 Yuletide Cheer Celebration 3:00 Movie & Cocoa > Polar Express 6:00 Movie Time Yuletide Day	9:00 Parachute Toss 18 10:00 Daily Chronicle Extra 10:30 Baking-Eggnog Cookies 11:30 Christmas Music Trivia 1:00 December Group Up 3:00 Woodland Walkers Christmas Caroling 6:00 Movie Time Bake Cookies Day	9:00 Chair Pilates for Seniors 19 10:00 Daily Chronicle Extra 10:30 Craft- Holiday Tree 11:30 December Holiday Hangman 1:00 TV Travel- Festival of Trees 3:00 Movie & Christmas Punch-It's a Wonderful Life 6:00 Movie Time 6:00 Christmas Light Tour Look for an Evergreen Day	9:00 Music and Movement 20 10:00 Daily Chronicle Extra 10:30 December Trivia 11:00 Piano with Anne 1:00 Craft- Make your own Ugly Sweater 3:00 Ugly Christmas Sweater Contest 6:00 Movie Time Ugly Sweater Day	9:00 Seated Winter Workout 21 10:00 Daily Chronicle Extra 10:30 Craft > Winter Hues of Blue Reindeer Chow 1:00 Cooking-Peppermint Bark 2:00 Winter Solstice Party 3:00 Craft-Snow Globe Ornament 6:00 Movie Time First Day of Winter
9:00 Holiday Themed Fitness Trivia 22 10:00 Daily Chronicle Extra 10:30 Save the Nutcracker Game 11:30 Guess the Christmas Song 1:00 Craft-Yule Log Party Favor 3:00 The Symbols of Christmas Game 6:00 Movie Time Christmas Symbols Day	9:00 Woodland Walkers 23 10:00 Daily Chronicle Extra 10:30 Baking-Gingerbread Caramel Crunch 11:30 Guess the Christmas Scents 1:00 Threading Jingle Bell Ornaments 3:00 Movie & Eggnog-A Christmas Story 6:00 Movie Time Scents of the Season Day	9:00 Seated Holiday Chair Exercise 24 10:00 Daily Chronicle Extra 10:30 Music with Mary 11:30 One to One Christmas Nails 1:00 Shoppers in Training 2:00 Music with Dan 3:00 Nativity Bingo 6:00 Movie Time Christmas Eve	9:00 Fun Seated Christmas Workout 25 10:00 Daily Chronicle Extra 10:30 A Christmas Service 11:30 Christmas Music Trivia 1:00 A Gene Autry Christmas 2:00 Holly, Jolly Social 3:00 Christmas Bingo 6:00 Movie Time Christmas Day	9:00 Kickball 26 10:00 Daily Chronicle Extra 10:30 Candy Canes & Cocoa Social 11:30 Holiday Ring Toss 1:00 Baking- Candy Cane Brownies 3:00 Craft-Sweet & Soft Mouse 6:00 Movie Time 6:00 Christmas Light Tour Candy Cane Day	9:00 Fitness Fun with Pat 27 10:00 Daily Chronicle Extra 10:30 Craft-Wacky Holiday Socks 11:30 Bible Trivia 1:00 Bridgton Library 1:00 Dice Bingo Game 3:00 Woodland Walker Wacky Sock Parade 6:00 Movie Time Wacky Holiday Socks Day	9:00 Energize & Unwind Seated HIIT 28 10:00 Daily Chronicle Extra 10:30 No Bake Cocoa Dip 11:30 Chocolate Trivia 1:00 TV Travel-Chocolate Factory 2:00 Everything Chocolate Social 3:00 Movie & Hot Cocoa > Willy Wonka & the Chocolate Factory 6:00 Movie Time Chocolate Candy Day
9:00 Memory Support Noodle Exercises 29 10:00 Daily Chronicle Extra 10:30 Worship Service- Christ the King 11:30 Hymn Singalong 1:00 Tabletop Bowling 3:00 Movie & Popcorn > King Ralph 6:00 Movie Time Bowling Ball Day	9:00 Fitness Fun with Pat 30 10:00 Daily Chronicle Extra 10:30 Java and Jokes 11:30 Coffee Facts and Trivia 1:00 Balloon Ball 3:00 Modern Marvels > How Coffee is Made 6:00 Movie Time Have a Cup of Coffee Day	9:00 Woodland Walkers 31 10:00 Daily Chronicle Extra 10:30 Worship Service: New Year's Eve 11:30 Hymn Sing-along 1:00 TV Travel- Time Square Ball Drop 2:00 When the Ball Drops Party 3:00 New Year's Eve Scavenger Hunt 6:00 Movie Time New Year's Eve				

