

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|--|---|--|
| | | | | | | 9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Coffee and Conversation ➢ Monthly Gazette ➢ March Newsletter 11:30 March IQ 1:00 Craft-Shamrock-Shaped Emoji 3:00 Movie and Popcorn ➢ We Bought a Zoo 6:00 Movie Time Share a Smile Day Welcome to March! |
| 9:00 Pool Noodle Workout 10:00 Daily Chronicle Extra 10:30 Worship Service- Abide 11:30 Finish the Line- Bible Phrases and Hymns 1:00 Coffee and Conversation- The Benefits of Reading 3:00 Short Stories by the Fireplace 6:00 Movie Time National Read Across America | 9:00 Bat the Balloon 10:00 Daily Chronicle Extra 10:30 Finish the Song Lyrics 11:30 Crockpot- Non-Alcoholic Mulled Wine 1:00 Trivia and Mulled Wine by the Fireplace 3:00 Modern Marvels- How Wine is Made 6:00 Movie Time National Mulled Wine Day | 9:00 Fun and Easy Chair Exercises 10:00 Daily Chronicle Extra 10:30 Craft- Mardi Gras Mask 11:30 Mardi Gras Puzzles 1:00 No Bake- Crunchy Mardi Gras Rolo Treats 3:00 Move and Groove Mardi Gras Game 6:00 Movie Time Mardi Gras | 9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Worship Service- Ash Wednesday 11:30 Lent Quiz 1:00 TV Travel- Israel Holy Sites 2:00 Doodle Day Social 3:00 Doodle Art Coloring Pages 6:00 Movie Time National Cheese Doodle Day Ash Wednesday | 9:00 Low Impact Cardio Workout 10:00 Daily Chronicle Extra 10:30 No Bake- Oreo Lasagna 11:30 Table Talk Tidbits 1:00 Discussion Group ➢ The Classic Oreo 2:00 Milk and Cookies Social 3:00 Test Your Memory 1940-1970 6:00 Movie Time National Oreo Cookie Day | 9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Craft- Paper Jointed Sock Monkey 11:30 Pondering Prompts 1:00 Bridgton Library 3:00 Movie- Furry Vengeance 6:00 Movie Time National Sock Monkey Day | 9:00 Stronger Senior Aerobics 10:00 Daily Chronicle Extra 10:30 Notable Women Trivia 11:30 Who Am I? 1:00 Amazing Women in History 3:00 Famous Women Memory Bingo 6:00 Movie Time International Women's Day |
| 9:00 Get Fit While You Sit 10:00 Daily Chronicle Extra 10:30 Bible Study- Psalm 71 ➢ Even to Old Age 11:30 Sing-along Classic Hymns 1:00 Can You Name These Items from Grandma's House? 2:00 Cool Treats Social 3:00 Movie- Senior Moment 6:00 Movie Time Old People Are Cool Day | 9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Unscramble the Portrait ➢ Harriet Tubman 11:30 Harriet Tubman Fun Facts 1:00 Underground Railroad Race 3:00 Movie and Popcorn ➢ Harriet 6:00 Movie Time Harriet Tubman Day | 9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Memory Lane Show 11:30 Pyramid Game 1:00 Craft- Egyptian Faience Bowl 3:00 Egyptian Hieroglyphics Bingo 6:00 Movie Time Egyptian Pharaohs Day | 9:00 Memory Support Noodle Exercises 10:00 Daily Chronicle Extra 10:30 Music with Terry 11:30 EZ Category Trivia 1:00 Craft- Flower Garden 3:00 Planting Flower Seeds 6:00 Movie Time Plant a Flower Day | 9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Baking- Cinnamon-Sugar Popcorn 11:30 Popcorn Word Puzzles & Corny Facts 1:00 Popcorn Bucket Ball Toss 3:00 Movie and Popcorn ➢ Tootsie 6:00 Movie Time Popcorn Lover's Day | 9:00 Fitness Friday Exercises 10:00 Daily Chronicle Extra 10:30 Craft- Stained Glass Butterfly 1:00 Butterfly friendly Garden 3:00 Life of a Butterfly 4:00 One to One Nail Care and Hand Massages 6:00 Movie Time Butterfly in the Sky Day | 9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Baking- Maine Maple Syrup Whoopie Pies 11:30 Maine Fun Facts and Trivia 1:00 Famous People from Maine Hangman 2:00 Happy Birthday Maine! Party 3:00 TV Travel- Over the North of Maine 6:00 Movie Time Maple Syrup Saturday |
| 9:00 Morning Stretch and Kickball 10:00 Daily Chronicle Extra 10:30 Worship Service- Creation 11:30 Panda Trivia 1:00 Craft- Build a Panda 3:00 Movie Matinee- The Amazing Panda Adventure 6:00 Movie Time National Panda Day | 9:00 Irish St. Patrick's Day Walking Workout 10:00 Daily Chronicle Extra 10:30 Morning Prayer Service for St. Patrick's Day 11:30 A Wee Bit O' Irish Humor 1:00 Truth or Blarney? 2:00 Green with Happiness Social 3:00 Luck of the Irish Sensory Group 6:00 Movie Time Happy St. Patrick's Day! | 9:00 Healthy Life Chair Exercises 10:00 Daily Chronicle Extra 10:30 Tea and Trivia 11:30 Teacup Lacing 1:00 "Sense"-ational Scent Detective 2:00 Music with Dan 3:00 Balloon Ball 6:00 Movie Time Tea for Two Tuesday | 9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Swallow Paper Craft 11:30 Bird Watching Word Puzzle 1:00 Birds A-Z 3:00 Movie and Popcorn ➢ A Birders Guide to Everything 6:00 Movie Time Swallows Return Day | 9:00 Fitness Trivia- New Life 10:00 Daily Chronicle Extra 10:30 Craft- Bluebird Door Decor 11:30 Early Spring Collage Detective 1:00 Bat the Balloon 3:00 TV Travel- Amazing Colors of Spring 6:00 Movie Time Spring into Spring | 9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Reminiscing- Grooming Products 11:30 Movie Character Guess Who? 1:00 Bridgton Library 3:00 Do You Remember This? 6:00 Movie Time National Memory Day | 9:00 Music and Movement 10:00 Daily Chronicle Extra 10:30 Healthy Habits Hangman 11:30 Fun Wellness Trivia 1:00 Root beer Floats and 50's sing along 3:00 Movie & Popcorn ➢ As Young as You Feel 6:00 Movie Time As Young as you Feel |
| 9:00 Gospel Chair Aerobics 10:00 Daily Chronicle Extra 10:30 Bible Study- Ephesians 2:4-10 ➢ Grace 11:30 Matching Pairs Puzzle 1:00 No Bake- Chip Dips 2:00 Chip and Dip Social 3:00 TV Classic- CHiPs 6:00 Movie Time Chip and Dip Day | 9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Coffee and Conversation ➢ Funniest Cocktails 11:30 Cocktail Word Puzzles 1:00 Woodlands Down Horseraces 2:00 Music and Mocktail Social 3:00 Movie Laughs - All of Me 6:00 Movie Time National Cocktail Day | 9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Music with Mary 11:30 What am I? 1:00 Stained Glass Adult Coloring 2:00 Waffle Bar 3:00 Church Service for Annunciation (Our Lady's Day) 6:00 Movie Time Waffle Day | 9:00 Senior Workout 10:00 Daily Chronicle Extra 10:30 Baking- German Chocolate Cookies 11:30 Take the Cake Word Puzzle 1:00 Paper Birthday Cake Craft 3:00 Classic Cake Commercials 6:00 Movie Time Cake in a Box Day | 9:00 Fitness Fun with Pat 10:00 Daily Chronicle Extra 10:30 Happy Birthday Bingo 11:30 Birthday Puzzles 1:00 Craft- Cupcake Wrapper Flowers 2:00 Birthday Party 3:00 Surprise Birthday Party Detective 6:00 Movie Time Happy Birthday to Everyone Day | 9:00 Full Chair Workout for Seniors 10:00 Daily Chronicle Extra 10:30 Spin-to-Win Baseball 11:30 Jeopardy Trivia 1:00 Cooking- Homemade Cracker Jacks 3:00 Barnum and Bailey Circus 6:00 Movie Time Barnum and Bailey Day | 9:00 Woodland Walkers 10:00 Daily Chronicle Extra 10:30 Baby Boomer Slang Quiz 11:30 Coca-Cola Word Puzzle 1:00 Coke Float and Coca-Cola Commercials 1940-1921 3:00 How it's Made 6:00 Movie Time Coca-Cola Day |
| 9:00 Coach McCoy National Parks Workout 10:00 Daily Chronicle Extra 10:30 Worship Service- Beauty 11:30 Spring Road Trip Detective 1:00 Hike at Pondicherry Park 3:00 Virtual Vacations Around the World 6:00 Movie Time Virtual Vacation Day National Take a Walk in the Park Day | 9:00 Senior Gold Dance Fitness 10:00 Daily Chronicle Extra 10:30 Adult Coloring 11:30 Crayola Trivia 1:00 Craft - Turtle Sun Catcher 3:00 TV Travel and How it's Made- Crayola Factory Tour, Orlando 6:30 Movie Time National Crayon Day | | | | | |

